



Supporting Screening and Early Intervention

When developmental delays are identified and addressed early, it can have a life-changing impact for children and families—yet in California, **70% of children with delays are not identified or supported until kindergarten.**¹

Help Me Grow Inland Empire offers physicians help navigating the early intervention process and finding local resources.

Help Me Grow supports two critical screenings to identify delays and risk factors for delays:

Ages and Stages Questionnaire-3 (ASQ-3)

Developmental screening that evaluates a child's learning, movement, communication, and socio-emotional skills.

Social Determinants of Health

Risk screening that assesses a family's housing, food, transportation, utility, and safety needs. Research shows that *poverty, abuse, neglect, and homelessness all contribute to children's early development and are risk factors for developmental delays.*

Fast Facts

28.1% of children under the age of 6 in California are at moderate or high risk for developmental, behavioral, or social delays.²

40% of parents with children age 5 and younger report having concerns about their child's physical, behavioral, or social development.³

California **ranks 30th** in the country for its rate of developmental screenings for infants & toddlers. Only **28.5%** of the children in California receive timely developmental screenings.⁴

In Riverside and San Bernardino Counties, there are nearly **370,000** children ages 0-5. **16%** of children in Riverside County and **23%** of children in San Bernardino County live in poverty.⁵

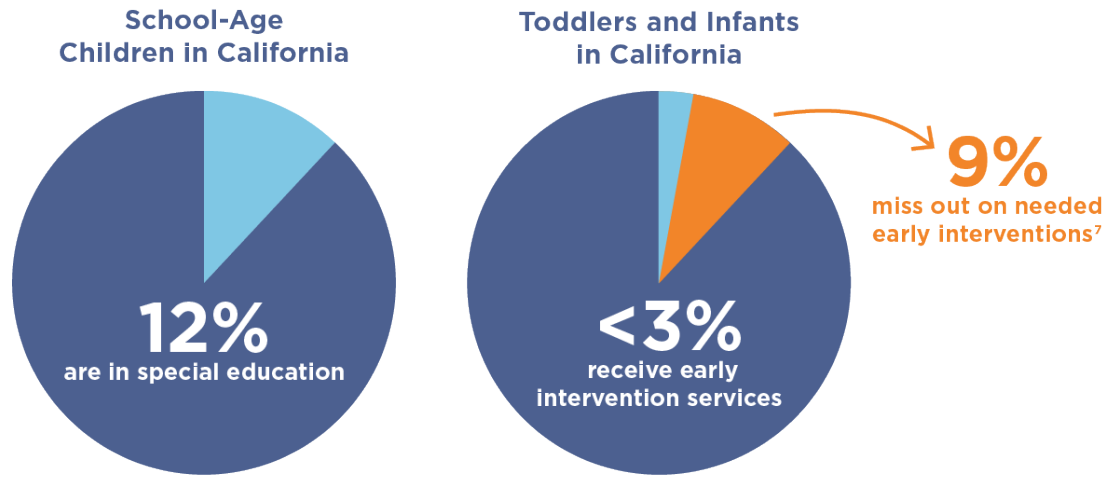
Riverside **ranks 35th** and San Bernardino **ranks 47th** out of California's 58 counties for health factors such as physical environment, social and economic factors, health behaviors, and clinical care.⁶

1. Helpmegrowca.org 2. Gettingdowntofacts.com 3. Kidsdata.org 4. Ibid
5. Ibid 6. Countyhealthrankings.org 7. Gettingdowntofacts.com



Screening and Early Intervention Makes a Difference

In California, thousands of children are not receiving needed interventions during their critical first five years, despite the availability of developmental screening tools and early intervention services.



The American Academy of Pediatrics recommends that pediatricians conduct developmental screenings at 9 months, 18 months, and 24/30 months, or whenever there is a concern.

“Screening and making referrals to developmental services are critical in caring for the whole child. Help Me Grow provides the tools to support physicians throughout this process.”

- Marti Baum, MD, Pediatrician & Help Me Grow Physician Champion

A National Movement, A Local Effort

Help Me Grow is a national network of **29 state affiliates** across the country working to increase developmental screenings and connections to early intervention services. In California, 75% of counties operate local Help Me Grow systems.

Help Me Grow Inland Empire is the first regional Help Me Grow initiative in the state. Help Me Grow works across Riverside and San Bernardino Counties to connect health, behavioral health, early care and education, and community-based services.

Help Me Grow Inland Empire is made possible by a joint investment from First 5 San Bernardino and First 5 Riverside, in partnership with Loma Linda University Children’s Health.

How Help Me Grow Inland Empire Can Support You

If developmental concerns are identified during a routine screening, or a family has expressed concerns about their child’s development, Help Me Grow can help!

1. If any delays or risk factors for delays are noted, contact Help Me Grow Inland Empire.

1-888-HMGIE-16 (1-888-464-4316)
or info@HelpMeGrowIE.org

Our case managers will help ensure the family gets connected to needed resources and services.

2. If the screening results indicate a delay, also contact the Inland Regional Center.

Riverside County

Ages 0-3: (909) 890-4763
Ages 3-5: (951) 826-2648

San Bernardino County

Ages 0-3: (909) 890-4711
Ages 3-5: (909) 890-3148



Help Me Grow Access Center:
1-888-HMGIE-16 (1-888-464-4316)

www.HelpMeGrowIE.org
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